

YOGA PARTY!

Celebrate Your Birthday in a Fun, Creative Way!



Party

- ♥ **60 minutes** of personalized, fun- filled, creative **yoga, singing, dancing, and games!**
- ♥ You supply *location and food*
- ♥ Props, mats, and music will be provided for up to 10 children (add an extra \$15 for each additional child)

Pricing

- ♥ Weekday-\$175
- ♥ Weekend-\$215



Coordinator: Marley Keller, RYT500, has an extensive background in dance and developmental psychology that helped set the foundation for her future in teaching yoga to children and adults. After receiving training from the Kripalu Center for Yoga and Health, she completed further training at the 500 hour level at Golden Heart Yoga in Annapolis with Jenny Otto and Lynn Matthews. Through her understanding of movement and psychology, Marley has developed her own unique children's yoga programming that encourages each child to explore the connection between their body, mind and spirit in a fun, non-competitive atmosphere. Emphasizing breath, creativity, and body awareness, her goal is to help students foster a better sense of themselves and of the world around them. Marley currently teaches yoga to children throughout Davis, Sacramento, and San Francisco.

Contact info: (717) 682-5364 / Marley.Keller84@gmail.com / www.marleykeller.com